



NIHFW Newsletter

Quarterly Newsletter of the National Institute of Health and Family Welfare
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From the Director's Desk

Swachh Bharat Mission: A Social Movement for a Healthy India

Swachh Bharat Mission is a nationwide campaign launched by the Government of India on 2 October 2014 to achieve universal sanitation coverage. This mission envisages a 5-year period drive to 'Clean India' by 2 October 2019, the 150th birth-anniversary of Mahatma Gandhi. The estimated cost of this mission is expected to cost over 62009 crores. The campaign is described as going 'beyond politics' and 'inspired by nationalism'. In this context, various gaits have been undertaken by the Government to address the sanitation issues in the country. On this account, various initiatives undertaken by the Ministry of Health and Family Welfare (MOHFW) have been evident to bridge the gaps between the intentions and strategic actions for adequate sanitation achievement. Realising the potential of the National Institute of Health and Family Welfare (NIHFW) in this mission, the Union Ministry of Drinking Water and Sanitation has chosen it as the Key Resource Center (KRC).

Many of our eminent national leaders like Mahatma Gandhi also expressed the importance of sanitation and hygiene for the overall growth and development of the country. The Government of India introduced the Rural Sanitation Programme in 1954 in its First Five-Year Plan. However, the 1981 Census reported that this Rural Sanitation Programme could cover only one per cent of the rural population. Even the Alma Atta Declaration for Health for All stressed on the importance of adequate supply of safe water and basic sanitation under the Primary Health Care components. Lining up, the Government of India introduced the Central Rural Sanitation Programme (CRSP) in 1986 with the objective of improving quality of life of rural people and to protect the privacy and dignity of women. In 1999, the programme was renamed and introduced as Total Sanitation Campaign (TSC) that emphasised on Information, Education and Communication (IEC), Human Resource Development (HRD), and Capacity Development activities to increase awareness among the rural people. TSC intended

NIHFW Celebrates 38th Annual Day

NIHFW has to Act as the 'Brain' of Health System:
Union Health Minister



NIHFW celebrated its 38th Annual Day on 9th March 2015. Shri Jagat Prakash Nadda, Minister of Health and Family Welfare, Government of India, graced the occasion as the Chief Guest. Hailing the contribution of the National Institute of Health and Family Welfare to the health system of the country, Shri Nadda called the staff to turn the Institute as the 'brain' of the health system of the country. He applauded Prof. Jayanta K. Das, Director, for having been able to lead a wide number of activities and projects, and called for further consolidation of training programmes.

Quoting the goals of the National Health Mission to bring down the Total Fertility Rate to 2.1, Maternal Mortality Ratio to 100 and Infant Mortality Rate to 25 by 2017; **(contd. on page-4)**

to generate demand for sanitary facilities among people. This enhanced people's capacity to choose appropriate options within alternate delivery mechanisms as per their economic condition. The Programme was community-led and people-centered. A financial incentive was extended to the Below Poverty Line (BPL) households for construction of individual household latrines. Assistance was also extended for construction of school toilet units, Anganwadi toilets and Community Sanitary Complexes (CSC) apart from the activities under Solid and Liquid Waste Management (SLWM).

The Government of India launched the *Nirmal Gram Puraskar* (NGP) in October 2003 in recognition of the achievements and efforts made in ensuring full sanitation coverage involving all levels of PRIs. Encouraged by the success of NGP, the TSC was renamed as '*Nirmal Bharat Abhiyan*' (NBA) and was launched on 1st April 2012. Its objective was to accelerate the sanitation coverage in the rural areas by comprehensively covering the rural community through renewed strategies and dissemination approach and visualization of *Nirmal Bharat* by 2022 with all Gram Panchayats attaining *Nirmal* status. The strategy of NBA was to transform rural India into '*Nirmal Bharat*' by adopting the 'community-led' and 'people-centered' strategies and 'community sanitation approach'. The demand-driven approach emphasised on awareness creation and demand generation for sanitary facilities in houses and schools for a cleaner environment. Under NBA, the incentives for Individual House Hold Latrines (IHHLs) were enhanced and further support was obtained from Mahatma Gandhi National Rural Employment Guarantee Act (MNREGA). However, there were difficulties in the convergence of NBA with MNREGA as funding from different sources created delays at the implementation mechanism.

Currently, the *Swachh Bharat* Mission (SBM) strives to achieve universal sanitation coverage with new guidelines and provisions by unbolting hinders to progress, including partial funding for IHHLs from MNREGA, and focusing on critical issues affecting outcomes. At the same time, we should not ignore the significance and variation of the data generated earlier.

Providing water and sanitation facilities may seem expensive but the costs of not providing are much higher. According to an estimation of the Government of India, rural people spend at least Rs.100 a year per capita for treatment of water/sanitation-related diseases which amounts to Rs.6,700 crore annually. It is merely Rs.52 crore lesser than the annual budget of the Union Ministry of Health and Family Welfare and more than the allocation for education. There are other socio-cultural and economic factors behind inequalities in child mortality, poor nutrition and access to affordable healthcare but increased exposure to the risk of waterborne infections is a major causal link. Therefore, the Ministry of Health and Family Welfare had realised the importance of safe drinking water and sanitation in attaining good health status of the people; and has been introducing various components from time to time to address sanitation issues in its various programmes being implemented in the country. In the National Health Mission (NHM), the Ministry of Health and Family Welfare incorporated institutionalization of community participation for monitoring and surveillance of drinking water sources and sanitation at the grassroots level by involving key players and by forming Village Health and Sanitation Committee (VHSC) in each revenue village. The VHSC is constituted with Gram Panchayats, ASHAs, Anganwadi Sevika, ANMs, SHG leader, and representatives of community based organizations working in the village.

The main function of the VHSC is to develop village health plan and monitor the health activities in the village. The VHSC has been entrusted with some specific activities at the village level for health and sanitation such as implementation and monitoring of water and sanitation activities at the village level on behalf of Gram Panchayat; ensuring environmental sanitation at the village level; organizing Family Welfare and Nutrition Campaigns in which information and regulation of all drinking water sources in the village are to be made; ensuring the entire village is covered with safe drinking water regularly; regular monitoring of water quality through OT test; and ensuring optimum chlorination of all the drinking water sources in the village with TCL powder. VHSC is also responsible for cleanliness of all water sources like the community wells and hand pumps, helping the Gram Sewak in collecting water/health tax from villagers and regularly reporting to Gram Sewak of their activities and celebrating Village Health and Nutrition Day involving AWWs, ANMs and ASHAs.

Being a premier and apex technical institute in the country, the National Institute of Health and Family Welfare has been actively involved in *Swachh Bharat* Mission. As the designated Key Resource Center under the Ministry of Drinking Water and Sanitation, NIHF has been doing various community activities like sensitization of community, local waste collection and its disposal including *shramdan* every month. Prior to these activities, NIHF has conducted different training programmes and workshops in the area of drinking water and sanitation such as National Workshop on Rural Drinking Water, Sanitation and Health: Priorities and Practices. Yet, a single institutional or ministerial effort is not sufficient to bring about the desirable changes as envisaged in the *Swachh Bharat Mission*. It requires a systematic inter-institutional arrangement with a holistic approach with people's involvement in this social movement by ensuring a proactive mass media and sustainable local technology based on empirical research and scientific innovation to make India healthy.

(Director thanks Dr. A. M. Elizabeth and Prof. T. Bir, Department of Social Sciences, for writing this piece.)

Training Courses, Workshops and Meetings Organized

S. No.	Date	Title	Coordinator	No. of Participants
1.	7 Jan. 2015	Meeting of Steering Committee of National Health Portal (SCNHP)	Prof. S. N. Sarbadhikari	10
2.	12–16 Jan. 2015	Training Course on Logistics and Supply Management System in Health and Family Welfare	Dr. Sanjay Gupta	33
3.	19–23 Jan. 2015	Training-cum-Workshop on Counseling Skills for Health Professionals	Prof. Rajni Bagga	29
4.	2–6 Feb. 2015	Training Course on Human Resource Management and Development	Prof. U. Datta	28
5.	2-7 Feb. 2015	Training Course for Cold Chain Technicians on Repair and Maintenance of ILR/DF	Dr. Sanjay Gupta	10
6.	16–20 Feb. 2015	Hospital Administration for Senior Administrators and Resident Medical Officers of Cantonment Board Hospitals	Prof. A. K. Sood	18
7.	23–27 Feb.	National-Level Training of Trainers (TOTs) for Training of ANMs/LHVs on Adolescent-Friendly Health Services under the Rashtriya Kishore Swasthya Karyakram (RKSK)	Dr. Poonam Khattar	28
	16–20 March			32
	23–27 March			31
	30 March–3 April 2015			35
8.	27 Feb.–5 March 2015	Training of WIC-WIF Installation and Commissioning	Dr. Sanjay Gupta	10
9.	11-13 March 2015	Orientation Training on Health Policy and Planning	Prof. N.K. Sethi	32
10.	16-21 March 2015	National Workshop on MCTS/RCH Register for Capacity Building for Improving Data Quality on Mother and Child Tracking System	Dr. Pushpanjali Swain	85



Glimpses of Some Training Courses/ Workshops



NIHF celebrates 38th Annual Day (Conti. from page -1)

Shri Nadda, hailed the initiatives of NIHF in skill development. Inaugurating the National Cold Chain Vaccine Management Resource Centre (NCCVMRC) and the National Skills Lab- *Daksh* on the sidelines of the Annual Day of the Institute; he stressed to make NIHF a role-model in best practices, quality, substance and pace. “Convergence of various issues and aspects to address the pressing health concerns is to be focussed,” he emphasised. He also assured that MOHFW would fully support NIHF in all its initiatives. He wished NIHF to sensitise the public representatives such as MPs, MLAs, and representatives of local bodies and bring them into the fold to carry forward all the good-works to the grassroot-level.



Dr. Rakesh Kumar, Joint Secretary, informed that apart from the National Skills Lab set up in NIHF, currently there are four other labs. He added that every State must have a Skills Lab as 44 thousand mothers die of pregnancy and child-birth complications in a year which could be decreased by the skilled personnel.

Addressing the gathering, Padmashree Dr. Jagdish Prasad, DGHS, briefed about the salient features of the National Health Policy-2015 which is being introduced almost 13 years after the last National Health Policy adopted in 2002. “We need to take concerted actions at policy levels achieving universal health coverage,” he asserted. Emphasising the importance of IT in educating, training and enhancing the skills of health personnel, he wished NIHF to develop a Tele-conferencing Centre that could train thousands of personnel simultaneously at various centres across the country. He also called the NIHF faculty to study the gaps prevailing in various National Health Programmes. He also stressed on the need to form a committee to find out the loopholes in the existing ANC, PNC and immunization programmes in addition to logistic issues involved in the drugs distribution system in the country.



Presenting the annual report, Prof. Jayanta K. Das, Director, NIHF, briefed the audience about the milestones achieved during the preceding year. He added that the faculty of NIHF is over-burdened with so many activities which needs to be looked into seriously as these hurdles are hindering the speedy progress of some academic and research activities. He also informed that 38 years ago, the Institute had a sanctioned faculty strength of 49 which has come down to 20 at present in spite of more and challenging responsibilities and manifold work-areas. “Despite such an acute staff shortage, we have been able to craft many success stories,” he added. Prof. Das informed the audience that the NCCVMRC is supported by UNICEF and the Immunisation Division of MOHFW while the National Skills Lab is supported by the Liverpool School of Tropical Medicine and the Maternal Health Division of MOHFW. Concluding the Director’s Report, Prof. Das assured the dignitaries and the audience that in spite of some roadblocks; he is committed to take the Institute to greater heights.





नववर्ष दिवस

नववर्ष के अवसर पर संस्थान के सभी उपस्थित संकाय सदस्य एवं कर्मचारी प्रशासनिक खण्ड के सामने प्रांगण में एकत्रित हुए। सभी ने खुशनुमा माहौल में हाथ मिलाकर एक दूसरे को नववर्ष की शुभकामनाएं दीं। संस्थान के निदेशक प्रोफेसर जयंत दास ने अपनी ओर से बधाई देते हुए सभी की सुख, समृद्धि एवं स्वास्थ्य की कामना की।



गणतंत्र दिवस समारोह

26 जनवरी 2015 को संस्थान के प्रशासनिक खण्ड के सामने देश का 66वां गणतंत्र दिवस समारोह मनाया गया। संस्थान के निदेशक प्रोफेसर जयंत दास ने राष्ट्रीय ध्वज फहराया। इस अवसर पर संस्थान के सभी सदस्यों द्वारा राष्ट्रगान गाया गया। निदेशक प्रोफेसर जयंत दास ने संस्थान के सदस्यों को गणतंत्र दिवस की शुभकामनाएं देते हुए कहा कि हमें देश के प्रति अपने सभी उत्तरदायित्व निभाने चाहिए।

Meeting of Programme Advisory Committee

The 32nd Programme Advisory Committee meeting of NIHF was held on 27th and 28th February 2015. Prof. Shiv Lal, Former Special DG, DGHS, GoI, chaired the meeting and assessed all the aspects of the training and research activities of the Institute for the year 2015-'16. The PAC also reviewed all the completed studies as well as the current status of the on-going studies. All the faculty members, Medical Officers and Research Officers attended the meeting.



वार्षिक खेल दिवस-2015

प्रतिवर्ष की भांति संस्थान का वार्षिक खेल दिवस 4 मार्च 2015 को आयोजित किया गया। वार्षिक खेल गतिविधियों के अंतर्गत विभिन्न आउटडोर एवं इनडोर प्रतियोगिताएं आयोजित कराई गईं, जिसमें संस्थान के कर्मचारियों ने बढ़-चढ़कर अपनी खेल प्रतिभा का प्रदर्शन किया। उपरोक्त खेलों में से कुछ खेल, खेल-दिवस से पहले ही आयोजित करा लिए गए थे और कुछ खेल दिवस कार्यक्रम के दिन ही मैदान में आयोजित किए गए। कार्यक्रम की अध्यक्षता निदेशक प्रोफेसर जयंत दास द्वारा की गई एवं मुख्य अतिथि के रूप में श्रीमती रूपा दास ने कार्यक्रम की गरिमा बढ़ाई। कार्यक्रम का आयोजन डॉ. अंकुर यादव की अध्यक्षता में गठित एक समिति द्वारा किया गया एवं डॉ. गणेश शंकर श्रीवास्तव ने कार्यक्रम का सफल संचालन किया।



Meeting of Standing Finance Committee

The 55th meeting of the Standing Finance Committee (SFC) was held at Ministry of Health and Family Welfare on 24th March 2015. Mr. Bhanu Pratap Sharma, Secretary, Health and Family Welfare, MOHFW, chaired the meeting that discussed all the finance-related issues of NIHF.

Activities of the Director

Prof. Jayanta K. Das, Director, besides leading all the activities of NIHF; being a specialist in the areas of Public Health, Health Management and Hospital Administration, actively engaged in the following meetings, deliberations, discussions and workshops in different capacities:

- As a member, attended the meeting of Board of Studies of University School of Medicine and Para Medical Health Sciences in Guru Gobind Singh Indraprastha University, Dwarka, New Delhi on 7th January, 2015.
- As the Coordinator, organised the Contact Programme of One-Year Diploma Course in Hospital Management through Distance Learning (Session 2014-'15) at the Institute of Health and Family Welfare (IHF), Kolkata during 8th-9th January, 2015.
- Delivered the keynote address on Public Health in India: Issues and Challenges, at the 15th Annual Conference of Indian Public Health Association, Railway Service Branch which was held simultaneously with the 44th Annual Scientific Conference and CME of Indian Railway Medical Service Association; at Kolkata on 17th January, 2015.
- Chaired the session on Roadmap to Roll-out Free Medicines and Free Diagnostics Scheme across the Country in the National Forum, held at the India International Centre (IIC), New Delhi on 21st January, 2015.
- As a member of the Technical Resource Group (TRG), reviewed the progress and latest status of the population-based survey of 7 NE States being conducted by NIHF and Endline Survey, Midline Survey and Disease Burden by NIMR under the Chairmanship of Dr. Shiv Lal, Former Spl. DGHS (PH) and Director, NCDC and Advisor (Public Health) at the National Institute of Malaria Research (NIMR), Dwarka, New Delhi on 27th January, 2015.
- Attended the Dissemination Workshop of 8th Common Review Mission (CRM) of National Health Mission under the chairmanship of Shri J. P. Nadda, Hon'ble Union Minister of Health and Family Welfare, at Shakuntalam Convention Centre, ITPO, Pragati Maidan, New Delhi on 16th February, 2015.
- Attended the Second Steering Committee of National Health Mission under the chairmanship of Shri J. P. Nadda, Hon'ble Union Minister of Health and Family Welfare, at Vigyan Bhawan on 19th February, 2015.
- Attended the Stakeholders' Consultation Meeting on the Updated Global Strategy for Women's, Children's and Adolescents' Health, at Taj Mahal Hotel, Mansingh Road, New Delhi on 26th February, 2015.
- Attended the special session on Public Health Research in the Chain of Knowledge Translation and Inter-disciplinary Research to Achieve the Sustainable Development Goals-2015, in the 5th Annual PHFI Research Symposium, at the United Service Institution of India (USI), Rao Tula Ram Marg, New Delhi on 12th March, 2015.
- As a panellist of the session on Consumers Rights to Healthy Food, made a presentation in the national conference on Consumer Rights on the occasion of World Consumer Rights Day, organised by the Department of Consumer Affairs, at Vigyan Bhawan, New Delhi on 18th March, 2015.
- Attended the meeting on Harmonisation of Child Health Training, organised by the Ministry of Health and Family Welfare, UNDP Newborn Project, at Nirman Bhawan, New Delhi on 18th March, 2015.
- Attended the launch of media campaign of Mission Indradhanush, an initiative for full immunization of all children against 7 vaccine-preventable diseases, at the India Habitat Center, New Delhi on 23rd March, 2015.
- Attended the one-day National Advocacy Conference for Sensitization of State Health Secretaries/DHS and other Stakeholders on NOPT and Celebration of National Organ Donation Day, at Vardhman Mahavir Medical College, Safdarjung Hospital, New Delhi on 27th March, 2015.



Staff Activities

Prof. N. K. Sethi, HOD, Department of Planning and Evaluation

- Participated in the Scaling Up Nutrition (SUN) Network Facilitator Teleconference on 3rd March, 2015.

Prof. V. K. Tiwari, Department of Planning and Evaluation

- Delivered a lecture on Capacity Building in Health Systems Research at the Department of Statistics, MD University, Rohtak, Haryana, on 2nd March, 2015.
- Attended the National Conference on Recent Trends and Developments in Statistics (NCRTDS), at the Department of Statistics, M.D. University, Rohtak, Haryana, during 21st - 23rd February, 2015.
- Participated in the Monitoring, Evaluation and Learning Project Dissemination Meeting on Exploring the Evidence of the Impact of the Urban Health Initiative; held at The Leela Palace, Chanakyapuri, New Delhi on 17th March, 2015.

Dr. Pushpanjali Swain, Associate Professor and Acting Head, Department of Statistics and Demography

- Attended the 14th World Congress on Public Health at Kolkata, West Bengal, during 12th–6th February, 2015.
- Facilitated in the State TOT for National Integrated Biological and Behavioural Surveillance (IBBS) at Jaipur, Rajasthan, during 24th–26th February, 2015.
- Attended the Workshop on Estimation and Projection Methods at Manesar, Haryana, during 3rd–5th March, 2015.
- Attended the Workshop on Mortality and Causes of Death Studies in India, held at JNU, New Delhi, during 26th–27th March, 2015.

Dr. Jai Kishun, Assistant Professor, Department of Statistics and Demography

- Attended the Common Review Mission (CRM) Dissemination Workshop at Shakuntalam Convention Centre, Pragati Maidan, New Delhi on 16th February, 2015.

Visitors to the Institute

During the quarter under report, the following delegations including nursing students and staff from various nursing institutes across the country visited NIHF:

- Five officials from the Embassy of France; visited on 21st January 2015.
- A seven-member delegation from Myanmar; visited on 4th February 2015.
- National Statistical System Training Academy (NSSTA); visited on 2nd January 2015.
- Hiranandani College of Nursing, Powai, Mumbai, Maharashtra; visited on 5th January 2015.
- Kasturba Gandhi College of Nursing, Puducherry; visited on 7th January 2015.
- Fortis Institute of Nursing, West Mumbai, Maharashtra; visited on 19th January 2015.
- Vidyaratna College of Nursing, Udupi, Karnataka; visited on 20th January 2015.
- SRM College of Nursing, SRM University, Kancheepuram, Tamil Nadu; visited on 20th January 2015.
- Sri Devi College of Nursing, Ballalbagh, Mangalore, Karnataka; visited on 22nd January 2015.
- College of Nursing, Govt. Medical College Nagpur, Maharashtra; visited on 28th January 2015.
- St. Joseph's College of Nursing, Hoshangabad, Madhya Pradesh; visited on 3rd February 2015.
- Athena College of Nursing, Mangalore, Karnataka; visited on 4th February 2015.
- Nirmala College of Nursing, Shimoga district, Karnataka; visited on 5th February 2015.
- St. Philomen's Hospital, Bangaluru, Karnataka; visited on 5th February 2015.
- JSS College of Nursing, Mysore, Karnataka; visited on 9th February 2015.
- Father Muller College of Nursing, Mangalore, Karnataka; visited on 26th February 2015.
- Raak Nursing and Para-medical College, Puducherry; visited on 5th March 2015.
- Kasturba Nursing College, Wardha, Maharashtra; visited on 13th March 2015.
- St. Marth's Hospital, Bangaluru, Karnataka; visited on 17th March 2015.
- Arulmigu College of Nursing, Kanchipuram, Tamil Nadu; visited on 19th March 2015.

Publication

- H. S. Bisht, V. K. Tiwari, K. S. Nair, Sherin Raj and Ramesh Gandotra: A Qualitative Study on Utilization of In-Service Training of Health Professionals at PHCs in a District of Uttarkhand State, Indian Journal of Trade and Development, Vol. 44, No. 4, Oct.-Dec., 2014.

Forthcoming Training Courses and Workshops

S. No.	Name of the Course	Coordinators	Dates
1.	Training Course on Social and Behaviour Change Communication (SBCC) for the State IEC Officials under National Health Mission (3 courses)	Prof. Neera Dhar Dr. Ankur Yadav	6 th -10 th April, 2015 25 th – 29 th May, 2015 1 st - 5 th June, 2015
2.	Rashtriya Kishore Swasthaya Karyakram Training	Dr. Poonam Khattar	13 th – 17 th April, 2015
3.	Training of Cold Chain Technicians in Repair and Maintenance of Ice Lining Refrigerators and Deep Freezer (3 courses)	Dr. Sanjay Gupta	13 th - 18 th April, 2015 18 th – 23 th May, 2015 22 th - 27 th June, 2015
4.	Training Course on Hospital Administration for Senior Hospital Administrators and Resident Medical Officers of Cantonment Board Hospital (2 courses)	Prof. A.K. Sood	18 th – 22 nd May 2015 25 th – 29 th May 2015
5.	Training Course on Capacity Building of the Health Personnel in Health Promotion	Dr. Poonam Khattar	8 th – 12 th June 2015
6.	Training Course on Hospital Administration for Senior Hospital Administrators	Prof. A.K. Sood	29 th June – 17 th July 2015
7.	Contact Programmes under Distance Learning Courses: a. Health Promotion b. Health and Family Welfare Management c. Hospital Management	Dr. Poonam Khattar Dr. Pushpanjali Swain Dr. Jai Kishun Prof. A. K. Sood	6 th – 10 th April, 2015 20 th – 24 th April, 2015 11 th - 15 th May, 2015

“History has demonstrated that the most notable winners usually encountered heartbreaking obstacles before they triumphed. They won because they refused to become discouraged by their defeats.”

----- **B. C. Forbes**

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Announcement

NIHF announces admission notice for following one year Diploma Courses through Distance Learning:

- I Hospital Management
- II Health and Family Welfare Management
- III Health Promotion
- IV Applied Epidemiology (Limited seats – 100)
- V Health Communication (Limited seats – 100)
- VI Public Health Nutrition (Limited seats – 100)

Prospectus with Application Form may be downloaded from NIHF website (www.nihfw.org). Duly completed application form should reach the Distance Learning Cell, NIHF, by 15th May, 2015/ 1st June, 2015 (with late fee). For further details visit www.nihfw.org.

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